



OUR MISSION

NAMI North Texas is dedicated to improving the lives of all individuals affected by mental illness through education, support and advocacy programs.

Together We Can Achieve More!



11,357

INDIVIDUALS IMPACTED

IMPACT



221

Support Group Meetings
(2,057 participants)



376

Educational Class Attendees



74

Presentations & Trainings
(6,043 participants)



2,409

Teens Receiving Mental Health Training



3,353

Ending the Silence Participants
(includes staff/parents)



1,585

NAMIWalks Participants

NEW INITIATIVES

Law Enforcement Mental Health Alliance

The stigma associated with mental illness in law enforcement can result in alienation and a fear of job loss. NAMI North Texas is developing a peer support network for police officers that will allow them to support each other through anonymous, one-on-one peer support meetings to give them a healthy place to decompress and not worry about professional repercussions.

24

Agencies

2

Meetings

101

Attendees

THRIVE

Through a partnership with NAMI North Texas, student leaders are empowered through the creation of student clubs that raise mental health awareness and reduce stigma on high school campuses through peer-led activities, education, and events. THRIVE clubs connect students with their local community and support them in creating a culture free of judgment, raising awareness and fostering a mental health-supportive school culture.

1

Fully Functional Club with 13 Members

2-3

Prospective Clubs

Bridges to Hope

Faith communities can play an important role in supporting people living with mental illness, but often lack the understanding and information needed to be a helpful resource. Bridges to Hope brings mental health awareness and support strategies to community faith leaders so they can be an additional resource for families and individuals navigating mental health issues.

7

People Trained

5

Faith Systems Represented